

Non-medicated Childbirth in a Tertiary Medical Center: A survey of Attitudes among Obstetricians

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Abstract

Non-medicated childbirth has positive empowering experience for the patients. However, according to studies only few patients undergo non-medicated childbirth. This was a qualitative study survey exploring the attitudes on non-medicated natural childbirth among obstetricians practicing at a tertiary medical center. Most of the participants believed that they were educated on non-medicated childbirth, however, less than half of the participants routinely discussed it to their patients and can convince to undergo non-medicated childbirth. Factors such as knowledge on alternative methods, demand of time, decision-making, availability of birth facilities, influence of birth companions and malpractice litigations, all contributed to obstetricians' attitude on non-medicated childbirth.

